

How to Become an AHA CPR Instructor

Your step-by-step pathway to teaching American Heart Association courses — guided by one of only a select few AHA Training Centers in the nation.

Tuition: \$250 per candidate

[Apply to Become an Instructor →](#)

The 4 Steps

1

Get Accepted by Our AHA Training Center

Submit an **Instructor Candidate Application** and an Instructor Potential (IP) recommendation letter, then complete a short interview. You must be aligned with a Training Center before enrolling in Instructor Essentials.

Application + IP recommendation on file

2

Hold Current AHA Provider Status

Have a current AHA Provider card in the discipline you intend to teach and be proficient in all of its skills. Cards from non-AHA programs do not qualify. New to AHA courses? **We offer the provider courses too.**

Current provider card in your discipline

3

Complete the Instructor Essentials Course

Finish the self-guided online portion (about 1.5 hours; post-test of at least 84%), then attend the in-person hands-on session (about 5–7 hours) with our Training Center Faculty. Complete the online portion first.

Online (≥84%) + hands-on classroom session

4

Teach a Monitored Course

Our Training Center Faculty observes you teaching your first course, typically within six months of completing Instructor Essentials. Pass this and your instructor process is complete — you receive a two-year AHA Instructor card.

Monitored teach-out → 2-year Instructor card

Then: Keep Your Credential Current

Instructor cards are valid two years. Renewal requires teaching a minimum number of courses, staying monitored on schedule, and completing required Instructor Updates when new AHA Guidelines are released.

Don't Have Your Provider Card Yet? Start With Us.

Instructor training requires current AHA Provider status first — and we teach those courses too. Alamo CPR Certification offers BLS, ACLS, PALS, and Heartsaver Provider courses seven days a week, so you can earn your prerequisite and complete your instructor pathway in one place. **[View provider courses & schedule →](#)**

The AHA Instruction Cycle

1. Prepare

2. Teach

3. Test & Remediate

4. Close

5. Keep Current

Instructor Pathways

- ✓ **BLS** — Basic Life Support for healthcare providers
- ✓ **ACLS** — Advanced Cardiovascular Life Support
- ✓ **PALS** — Pediatric Advanced Life Support
- ✓ **Heartsaver** — CPR AED & First Aid for the community

Before You Enroll

- ✓ Current AHA Provider card in your discipline
- ✓ Skill proficiency in that discipline
- ✓ Instructor Candidate Application on file
- ✓ Instructor Potential (IP) recommendation letter
- ✓ Able to attend a hands-on session in Texas

Ready to start teaching?

[Apply Now](#)

[Book / View Schedule](#)

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